

FOR CHILDREN

SMALL GROUP LEADER GUIDE BOOK



- Pass out a supply bag to each child. The children can take these home, but need to be reminded to bring them each time.
- You will help your small group to discover what is in their bags, get to know each other, and experience the tastes of life activity.
- Take a moment to have everyone look in their bags and see what is inside. Make sure they have one of everything listed below.
- Bag Contents:
 - Adventure Guide Book
 - Color Pencils
 - Bandanna
 - Pack of Sweet and Sour Candy
- Have them remove their adventure guide book and color pencils. Invite them turn to the page where session 1 begins. The page begins with the title "My Adventure Group."
- Take a moment to have them each introduce themselves by name and invite all of the others to write their group member's names in the provided area with a color pencil of their choosing.

• We will now experience the Tastes of Life activity. Have them get out the pack of sweet and sour candy from their bags. Tell them we are going to taste the candy and reflect on sour and sweet moments of life, then share them with our group. Have them open their candy and taste them. Have them write down a moment in the space provided that was a sour, hard moment and a sweet, good moment. When they are ready, have them share the experiences with each other. If using Sour Patch Kids you can talk about how God wants to help transform sour, hard moments of life into sweet, good moments with his help, just like the candy goes from sour to sweet.





• Try to go outside into creation for this activity. You can sit with your group under a tree or on a grassy area. This can also be done indoors. The children will need their Adventure Guide Books and color pencils. Once you settle into the right space, have the children turn to the page in their guides with the creation coloring page. Tell them that you will read the story of creation aloud from Genesis while they quietly color the creation coloring page and reflect about the one thing they are most happy God created. Below you will find the passage from Genesis:

In the beginning, when God created the heavens and the earth—and the earth was without form or shape, with darkness over the abyss and a mighty wind sweeping over the waters—Then God said: Let there be light, and there was light. God saw that the light was good. God then separated the light from the darkness. God called the light "day," and the darkness he called "night." Evening came, and morning followed—the first day. Then God said: Let there be a dome in the middle of the waters, to separate one body of water from the other. God made the dome, and it separated the water below the dome from the water above the dome. And so it happened. God called the dome "sky." Evening came, and morning followed—the second day. Then God said: Let the water under the sky be gathered

into a single basin, so that the dry land may appear. And so it happened: the water under the sky was gathered into its basin, and the dry land appeared. God called the dry land "earth," and the basin of water he called "sea." God saw that it was good. Then God said: Let the earth bring forth vegetation: every kind of plant that bears seed and every kind of fruit tree on earth that bears fruit with its seed in it. And so it happened: the earth brought forth vegetation: every kind of plant that bears seed and every kind of fruit tree that bears fruit with its seed in it. God saw that it was good. Evening came, and morning followed—the third day. Then God said: Let there be lights in the dome of the sky, to separate day from night. Let them mark the seasons, the days and the years, and serve as lights in the dome of the sky, to illuminate the earth. And so it happened: God made the two great lights, the greater one to govern the day, and the lesser one to govern the night, and the stars. God set them in the dome of the sky, to illuminate the earth, to govern the day and the night, and to separate the light from the darkness. God saw that it was good. Evening came, and morning followed—the fourth day. Then God said: Let the water teem with an abundance of living creatures, and on the earth let birds fly beneath the dome of the sky. God created the great sea monsters and all kinds of crawling living creatures with which the water teems, and all kinds of winged birds. God saw that it was good, and God blessed them, saying: Be fertile, multiply, and fill the water of the seas; and let the birds multiply on the earth. Evening came, and

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morning followed—the fifth day. Then God said: Let the earth bring forth every kind of living creature: tame animals, crawling things, and every kind of wild animal. And so it happened: God made every kind of wild animal, every kind of tame animal, and every kind of thing that crawls on the ground. God saw that it was good. Then God said: Let us make human beings in our image, after our likeness. Let them have dominion over the fish of the sea, the birds of the air, the tame animals, all the wild animals, and all the creatures that crawl on the earth. God created mankind in his image; in the image of God he created them; male and female he created them. God blessed them and God said to them: Be fertile and multiply; fill the earth and subdue it. Have dominion over the fish of the sea, the birds of the air, and all the living things that crawl on the earth. God also said: See, I give you every seed-bearing plant on all the earth and every tree that has seed-bearing fruit on it to be your food; and to all the wild animals, all the birds of the air, and all the living creatures that crawl on the earth, I give all the green plants for food. And so it happened. God looked at everything he had made, and found it very good. Evening came, and morning followed—the sixth day. Thus the heavens and the earth and all their array were completed. On the seventh day God completed the work he had been doing; he rested on the seventh day from all the work he had undertaken. God blessed the seventh day and made it holy, because on it he rested from all the work he had done in creation. (Genesis 1-2:3)

 After reading the passage, have them write their response to the question on the next page in the space provided. They can finish coloring the page later or at home. Take a few minutes to have them share their responses.





- Our activity today is all about staying on the path. You
 will need a 20 foot piece of rope to mark out a path on
 the ground. This activity can be done inside or outside.
 The children will need the bandannas from their bag.
- We will have three rounds. First lay out the rope in the ground to make a path for the children to walk along. Be as creative as you wish. For the first round, invite your small group to walk along the rope one at a time being sure to stay on the path. The next round, help each child blindfold themselves with the bandanna. When they are all blindfolded, change the layout of the path of the rope, keeping the beginning of the path in the same place. Next, instruct the children to try and walk along the path one at a time being sure to stay on the rope. After they have had some time to try, have them remove the blindfold and try again.
- Chat for a moment about how much easier it is to stay on the path when we are not blindfolded. What could the blindfold represent in our faith life?





- We are going to build some tents and fires of our own.
 Have the children open their Adventure Guide Books to
 the pages for session 4. The instructions are in their guide
 books, but we included them here as well:
 - 1. Have them pop out all of the parts.
 - 2. Fold along the creased lines with a valley fold.
 - 3. Assemble the tent by locking the tabs together like hooks and attaching the rain-fly in the slots.
 - 4. Assemble the campfire by sliding the slits on the fire into the slits on the wood.
- Below is an illustration of what the final product should look like. If you have an extra copy of the Adventure Guide Book on hand you can make the tent and fire beforehand to become tent building professionals.







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